



HENRY COUNTY HEALTH CENTER

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henrycohealth.org



PROTECTION FOR HOUSEHOLD MEMBERS, INTIMATE PARTNERS, AND CAREGIVERS IN A NON-HEALTHCARE SETTING OF:

A patient with symptomatic laboratory-confirmed COVID-19 or self-isolated with symptoms:

- Close contacts should monitor their health and call their healthcare provider right away if they develop symptoms suggestive of COVID-19 (e.g., fever, cough, shortness of breath).
- Help the patient with basic needs in the home and provide support for getting groceries, prescriptions, and other personal needs.
- Monitor the patient's symptoms. If the patient is getting sicker, call his or her healthcare provider and tell them that the patient has laboratory-confirmed COVID-19.
- Household members should stay in another room & be separated from the patient as much as possible.
- Household members should use a separate bedroom and bathroom, if available.
- Prohibit visitors who do not have an essential need to be in the home.
- Household members should care for pets in the home. Do not handle pets or other animals while sick.
- Make sure that shared spaces in the home have good airflow, such as by an air conditioner or an opened window, weather permitting.
- Perform hand hygiene frequently. Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains 60 to 95% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- **The patient** should wear a facemask when around other people. If the patient is not able to wear a facemask (for example, because it causes trouble breathing), the caregiver, should wear a mask when in the same room as the patient.
- Wear a disposable facemask and gloves when you touch or have contact with the patient's blood, stool, or body fluids, such as saliva, sputum, nasal mucus, vomit, urine.
 - Throw out disposable facemasks and gloves after using them. Do not reuse it.
 - When removing personal protective equipment, first remove and dispose of gloves. Then, immediately clean your hands with soap and water or alcohol-based hand sanitizer. Next, remove and dispose of facemask, and immediately clean your hands again with soap and water or alcohol-based hand sanitizer.
- Avoid sharing household items with the patient. You should not share dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items.

- Clean all “high-touch” surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables, every day. Also, clean any surfaces that may have blood, stool, or body fluids on them.
- Wash laundry thoroughly.
 - Immediately remove/wash clothes or bedding with blood, stool, or body fluids.
 - Wear disposable gloves while handling soiled items and keep soiled items away from your body. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after removing your gloves.
 - Read and follow directions on labels of laundry or clothing items and detergent. In general, using a normal laundry detergent according to washing machine instructions and dry thoroughly using the warmest temperatures recommended on the clothing label.
- Place all used disposable gloves, facemasks, and other contaminated items in a lined container before disposing of them with other household waste. Clean your hands (with soap and water or an alcohol-based hand sanitizer) immediately after handling these items. Soap and water should be used preferentially if hands are visibly dirty.

QUESTIONS



Have questions???

- For answers to any questions you might have regarding the information above please call the Epidemiologist, Gary French, at Henry County Health Center 660-890-8228
- Contact the statewide COVID-19 hotline, 24 hours a day, 7 days a week at 877-435-8411.
- Visit the following websites for more information: CDC website at www.cdc.gov/coronavirus or the DHSS website at www.health.mo.gov/coronavirus